

# CURRICULUM VITAE

## Sophie Lachapelle

PhD Student, Department of Criminology

University of Ottawa

Email: [slach039@uottawa.ca](mailto:slach039@uottawa.ca)

Twitter: [soph\\_lachapelle](https://twitter.com/soph_lachapelle)

Website: [sophielachapelle.ca](http://sophielachapelle.ca)

---

## Education

### **Doctorate of Philosophy** 2021 – Present

*Criminology, University of Ottawa, Ottawa, ON*

Supervisor: Dr. Jennifer M. Kilty

Thesis Title: Make yourself at home: Exploring the emotional geographies of homelessness in Kingston, Ontario, Canada

### **Master of Arts** 2018 – 2020

*Sociocultural Studies of Health, Queen's University, Kingston, ON*

Supervisor: Dr. Samantha King

Thesis Title: Prison and its afterlives: Haunting and the emotional geographies of formerly incarcerated people's reintegration experiences in Kingston, Ontario, Canada

### **Bachelor of Arts (Honours)** 2014 – 2018

*Health Studies, Minor in Global Development Studies, Queen's University, Kingston, ON*

Supervisor: Dr. Jeffrey Masuda

Thesis Title: "Not just from here to here": The unseen health trajectories of post-carceral mobilities in Kingston, Ontario, Canada

### **Certificate** 2016

*Interdisciplinary Studies in Global Health and Disability, Bader International Study Centre, Herstmonceux, East Sussex, UK*

## Research Experience

### **Feeling the Carceral, University of Ottawa, Ottawa, ON** 2021 – Present

*Research Assistant*

- Co-author multiple peer-reviewed journal publications based on interview data
- Conduct, transcribe, and analyze semi-structured interviews with formerly incarcerated people, as well as prison staff, about emotions in prison and the emotionality of incarceration
- Coordinate appointments with interview participants
- Build and sustain strong working relationships with local service providers and prisoners' rights advocates in Kingston, Ontario

**The Centre for Environmental Health Equity, Queen's University, Kingston, ON** 2018 – 2020  
*Research Assistant*

- Scheduled, moderated, and took minutes for bi-monthly lab meetings
- Administered and authored content for the organizational website
- Created and distributed research lab promotional materials
- Worked collaboratively with other lab members on multiple research projects
- Trained junior team members in transcription protocol, interview techniques, and software use

**RentSafe Equip, Queen's University, Kingston, ON** 2018 – 2019  
*Research Assistant*

- Supported Dr. Erica Phipps in her doctoral dissertation project, RentSafe Equip, a participatory action research project that sought to better understand and find solutions for housing inadequacy in Owen Sound, ON
- Efficiently transcribed interviews
- Trained junior team members in transcription protocol, interview techniques, and software use
- Reviewed and edited project evaluation reports

**A SHARED Future, Queen's University, Kingston, ON** 2018 – 2019  
*Research Assistant*

- Contributed to A SHARED Future (Achieving Strength, Health, and Autonomy through Renewable Energy Development for the Future), a community-based project about the intersection between Indigenous knowledge, reconciliation, and the renewable energy industry
- Transcribed all interviews for the initial project phase
- Reviewed draft project reports prior to distribution to other team members

**The Centre for Environmental Health Equity, Queen's University, Kingston, ON** 2017  
*Research Internship*

Supervisor: Dr. Jeffrey Masuda

Project Title: Exploring Research on Incarceration, Community, and Health at Queen's University

## Teaching Experience

**Department of Criminology, University of Ottawa, Ottawa, ON** 2021  
*Teaching Assistant*

- Offered support to students in lectures, office hours, and, in some cases, extra meetings to discuss course material and assignments in the following courses:
  - CRM 3306: Introduction to Victimology
- Marked a variety of assignments, including essays, quizzes, exams, presentations, discussion posts, group assignments, etc.

**School of Kinesiology and Health Studies, Queen's University, Kingston, ON** 2018 – 2019  
*Teaching Assistant*

- Offered support to students in lectures, office hours, and, in some cases, extra meetings to discuss course material and assignments in the following courses:

- HLTH 102: Personal Health and Wellness
- HLTH 205: Introduction to Health Promotion
- HLTH 315: Theory and Practice of Health Behaviour Change
- HLTH 323: Introduction to Epidemiology
- HLTH 445: Critical Health Promotion
- Marked a variety of assignments, including essays, quizzes, exams, presentations, discussion posts, group assignments, etc.
- Highlight: As a part of my Teaching Assistant evaluation for HLTH 445, many students complimented my teaching approach, stating I had helped them learn complicated concepts. One student wrote, “I liked how clearly passionate Sophie was about the topics presented within the class,” while another student said, “Sophie created an inclusive environment to feel like you are able to ask critical questions without feeling inferior.”

### Guest Lectures

#### *HLTH 334: The Politics of Health and Illness*

- Title: The Story of Unhoused People in Kingston during COVID-19: Exploring the Criminalization of Homelessness 2020

#### *HLTH 445: Critical Health Promotion*

- Title: “Wealth = Health”: Neoliberalism in the Nineties and the Emergence of Population Health 2019
- Title: The Conduct of Conduct: Governmentality Theory and Neoliberal Health Promotion 2019

#### *HLTH 315: Theory and Practice of Behaviour Change*

- Title: Communication and Health in a Changing Media Environment 2019

#### *HLTH 205: Introduction to Health Promotion*

- Title: What Can You Do with a Degree in Health Studies 2018

### Peer-Reviewed Publications

**Lachapelle, S., Bogosavljevic, K., & Kilty, J. M. (2022).** In the name of health: Affect theory and the role of public health risks in the creation of carceral spaces. *Health, Risk & Society* 24(7-8), 336-353. <https://doi.org/10.1080/13698575.2022.2113508> 2022

**Lachapelle, S., & May, A. (2021).** A matter of life and death: Exploring the necropolitical limbo of Kingston’s housing crisis in the era of the COVID-19 pandemic. *Annual Review of Interdisciplinary Justice Research* 10(1), 321-347. 2021

**Lachapelle, S., Kilty, J. M. (Under review).** “You were relieved, but at the same time terrified”: Exploring the emotional geographies of Admissions and Discharge in Canadian federal prisons. *Criminologie* 56(2).

**Lachapelle, S., & Kilty, J. M. (In preparation).** "Use your common sense to navigate and you're gonna get along okay": Exploring the sensorial politics of attunement, survival, and resistance in Canadian federal prisons.

**Lachapelle, S. (In preparation).** Feeling risky? The subjugation of emotional knowledge and the affective violence of ‘risk’ in the lives of formerly incarcerated people

in Kingston, Ontario, Canada.

## Other Publications

- Lachapelle, S., Kainth, J., & Boisvert, L.** (2022, April 13). Lachapelle, Kainth and Boisvert: Why are people held at the Ottawa jail so vaccine-hesitant? In their shoes, you might be too. *Ottawa Citizen*.  
<https://ottawacitizen.com/opinion/lachapelle-kainth-and-boisvert-why-are-people-held-at-the-ottawa-jail-so-vaccine-hesitant-in-their-shoes-you-might-be-too> 2022
- Lachapelle, S.** (2021, May 11). “It’s set up so you trip and fall”: What formerly incarcerated people have to say about coming out of prison into our community, and why it matters. *The Kingstonist*.  
<https://www.kingstonist.com/culture/opinion/its-set-up-so-you-trip-and-fall-what-formerly-incarcerated-people-have-to-say-about-coming-out-of-prison-into-our-community-and-why-it-matters/> 2021
- Lachapelle, S., & May, A.** (2021). Kingston’s housing crisis and COVID-19: A matter of life and death. (Policy Report).  
<https://sophielachapelleca.files.wordpress.com/2021/05/kingstons-housing-crisis-and-covid-19-a-matter-of-life-and-death.pdf> 2021
- Lachapelle, S.** (2021, May). “It’s set up so you trip and fall”: A report about formerly incarcerated people’s experiences of prison-to-community reintegration in Kingston, Ontario. (Policy Report).  
<https://sophielachapelleca.files.wordpress.com/2021/05/policy-report-may-2021.pdf> 2021
- Lachapelle, S.** (2021, March 3). Too little, too late: Reflecting on the City’s commitment to affordable housing on the first anniversary of the Mayor’s Taskforce on Housing Report. *The Kingstonist*.  
<https://www.kingstonist.com/culture/opinion/opinion-too-little-too-late-reflecting-on-the-citys-commitment-to-affordable-housing-on-the-first-anniversary-of-the-mayors-taskforce-on-housing-report/> 2021
- Lachapelle, S.** (2020). Prison and its afterlives: Haunting and the emotional geographies of formerly incarcerated people’s reintegration experiences in Kingston, Ontario, Canada. *QSpace Queen’s Graduate Theses and Dissertations*.  
<http://hdl.handle.net/1974/28113> 2020

## Presentations

- "Use your common sense to navigate and you're gonna get along okay": Exploring the sensorial politics of attunement, survival, and resistance in Canadian federal prisons.** 2022  
*International Conference for Carceral Geography*, Melbourne, AUS (Hybrid).

Sophie Lachapelle 5

**A Matter of Life and Death: Exploring the Necropolitical Limbo of Kingston's Housing Crisis in the Era of the COVID-19 Pandemic.** 2021

*Confinement in Pandemic Times: Between Care and Incarceration, Punishment and Protection, Amsterdam, NL (Virtual)*

**A Matter of Life and Death: Exploring the Necropolitical Limbo of Kingston's Housing Crisis in the Era of the COVID-19 Pandemic.** 2021

*Justice Studies Association Annual Conference: Reclaiming Justice, Chicago, IL, USA (Virtual)*

**Feeling risky: The subjugation of emotional knowledge and the affective violence of 'risk' in the lives of formerly incarcerated people in Kingston, Ontario.** 2021

*Global Carceral States: A Conference on Violence, Transgressions, and Technologies of Imprisonment, Santa Barbara, CA, USA/Birzeit, PS (Virtual)*

**It's set up so you trip and fall: A conversation about prison-to-community reintegration in Kingston, Ontario** 2021

*Organized community panel discussion over Zoom Webinar, presentation of self-authored policy report (link [here](#))*

**In the name of health: Affect theory and the role of public health risks in the creation of carceral spaces** 2021

*Centre for Interdisciplinary Justice Studies, Mobilizing Justice Conference, Winnipeg, MB (Virtual)*

**Public health, public good.** 2019

*Kingston Community Chaplaincy Restorative Justice Annual Conference, Kingston, Ontario*

**The Place of Public Health Within Restorative Justice: An Interdisciplinary Conversation** 2018

*First Annual Kingston Community Chaplaincy Restorative Justice Conference, Kingston, Ontario*

**“Not Just From Here to Here”: The Unseen Health Trajectories of Post-Carceral Mobilities in Kingston, Ontario** 2018

*St. Dismas Society Prison Ministry Quarterly Meeting, Kingston, Ontario*

**“Not Just From Here to Here”: The Unseen Health Trajectories of Post-Carceral Mobilities in Kingston, Ontario** 2018

*Canadian Association of Geographers Ontario Division (CAG-ONT) Annual Conference, Toronto, Ontario*

## Interviews

Mills, S. (Host). (2022, April 12). Vaccine hesitancy at the Ottawa-Carleton Detention Centre [Radio program]. In, All in a Day. Ottawa, Ontario. CBC Ottawa (91.5FM) <https://www.cbc.ca/listen/live-radio/1-92-all-in-a-day/clip/15906379-> 2022

[vaccine-hesitancy-ottawa-carleton-detention-centre](#)

- Mills, S. (Host). (2021, May 11). Experience with reintegration into Kingston after prison sentence [Radio program]. In, All in a Day. Ottawa, Ontario. CBC Ottawa (91.5FM) 2021  
<https://www.cbc.ca/listen/live-radio/1-92-all-in-a-day/clip/15842537-experience-reintegration-kingston-prison-sentence>
- Abs, R. (Host). (2021, May 5). Interview with **Sophie Lachapelle** [Radio program]. In, CFRC's Prison Radio. Kingston, Ontario. CFRC (101.9FM). 2021  
<https://audio.cfrc.ca/archives/2021-05-05-19.mp3>

### Awards & Recognitions

- Social Science and Humanities Research Council (SSHRC) CGS-D** 2022 – 2026  
*Monetary Award (\$105,000)*
- Ontario Graduate Scholarship (OGS)** 2021  
*Monetary Award (\$15,000)*
- Doctorate of Philosophy Admissions Scholarship** 2021  
*Monetary Award (\$36,000)*
- Social Science and Humanities Research Council (SSHRC) CGS-M Scholarship** 2019  
*Monetary Award (\$17,500)*
- Ontario Graduate Scholarship (OGS)** 2018  
*Monetary Award (\$15,000)*
- Dean's Honour's List with Distinction** 2016 – 2018  
*Achieved a GPA in top 3% of all students currently completing a Bachelor of Arts Degree in a given academic year*
- Dean's Honour's List** 2015  
*Achieving a GPA of 3.50 in a given academic year*
- Principal's Scholarship** 2014 – 2015  
*Monetary Award (\$8,000)*

### Certifications

- TCPS 2 Course on Research Ethics (CORE) Certificate** 2022  
*Certificate #: 0000786939*
- Lifesaver Naloxone Administration Training** 2017
- Mental Health First Aid** 2017

**ASIST Suicide First Aid** 2016

**First Aid – CPR Health Care Provider Level** 2015

### Relevant Work Experience

#### **United Way Kingston Frontenac Lennox & Addington**

*Community Investment Associate*

July –  
December  
2020

- Provides support to the Director of Community Investment during the granting and allocation process, including receiving and reviewing agency funding applications
- Provides support to agency representatives throughout the annual campaign as they share their stories with the local community
- Coordinates events, workshops, agency site visits, and panel meetings

#### **Metalworks Contemporary Goldsmithing**

*Assistant Office Manager*

2014 – 2020

- Professionally interacted with clients, artists, and customers regarding custom designs, product and sales inquiries, inventory maintenance, etc.
- Provided logistical support to the Master Goldsmith via scheduling and fielding custom work inquiries
- Actively promoted the company via social media and local print media
- Designed and artistically arranged displays in order to highlight and market the Metalworks brand to both loyal and new customers and artists

#### **Canadian Mental Health Association Hastings and Prince Edward Branch, Belleville, Ontario**

*Counseling Program Evaluator*

June – August  
2016 – 2018

- Compiled and statistically analyzed over ten years of client data
- Translated the knowledge gleaned from client files into info graphics to be used for marketing, fundraising, and other organizational purposes
- Co-lead a support group for women suffering from mental illness who were looking for work in the community via guest speakers, service referrals, casual conversation, and the provision of a safe space

*Case Aid*

- Collaborated with co-workers to meet various needs of service users participating in the Transitional Housing Program
- Thoughtfully engaged with clients, ensuring their needs were met throughout their time in the Transitional Housing Program
- Partnered with prominent local businesses and associations to plan and execute community events and family-focused programs, highlighting both national and local mental health awareness campaigns and resources

*Assistant Summer Program Coordinator*

- Designed and implemented programming for community members
- Facilitated call-in and in-person support groups assisting community members with specific mental health problems

## Community and Volunteer Activities

### **Trellis HIV and Community Care, Kingston, Ontario**

2021 – Present

#### *Integrated Care Hub (ICH) Drop-in Centre Volunteer*

- The ICH is a program that provides low-barrier access to care and harm-reduction services to unhoused people in the Kingston community.
- As a volunteer, I have assisted staff in providing food, harm reduction supplies, clothing, hygiene supplies, etc. to service users.
- Organized and led recreational programming for service users, including arts and crafts, board game nights, and special events.

### **Elizabeth Fry Society, Kingston, Ontario**

2019 – Present

#### *Board Member, Board of Directors*

- Co-Chair of Transitional Housing Development Sub-Committee; meeting regularly with other Board Members to grow the agency's transitional housing program through collaboration with municipal, charitable, and government partners.
- Attend monthly meetings to discuss various governance issues, including staffing, budgeting and finances, programme needs, etc.
- Volunteer personal time, resources, etc. when required (i.e., to prepare for agency events, to maintain facilities, etc.).
- Assist agency staff with writing and submitting various government/community grant applications

#### *Chair, Women Reintegration After Prison (WRAP) Program Working Committee*

- In response to the desperate need for more comprehensive, client-focused support for women in conflict with the law in Kingston, the WRAP program's mission is to provide care and connection to all formerly incarcerated women in our community through advocacy; client-led, trauma-informed case management; and community building.
- The impetus for the WRAP Program is a policy report I authored based on my Master's thesis that was released in May 2021. Since then, I have worked in collaboration with the Board of Directors at Elizabeth Fry, as well as other community volunteers, to create a resource hub for women who are reintegrating after prison in the Kingston community
- My responsibilities as chair include but are not limited to: Setting meeting dates and agendas, hosting meetings and taking minutes, delegating tasks, developing a strategic direction for the program (including mission and vision statements), supervising the development of the program, grant writing, etc.

#### *Court Support Volunteer (Wednesday Bail Court)*

- Offered emotional support to women in conflict with the law before, during, and after their bail appearance, making referrals when appropriate
- Attended bail court and took detailed notes on all cases involving women in conflict with the law in an effort to support these women in all aspects of their journey through the criminal justice system

### **St. Vincent de Paul Society, Kingston, Ontario**

2019 – 2020

#### *Donation Reception Volunteer*

- Received and sorted through donations from the local community as per St.

Vincent de Paul Society of Kingston's policies and procedures

- Assisted office staff with various administrative duties, such as mail-outs, organization of office supplies, etc.
- Built meaningful relationships with service providers and service users, contributing to the safe and community-oriented space of St. Vincent de Paul

**Canadian Families in Corrections Network, Kingston, Ontario**

2018 – 2019

*Visiting Resource Centre Volunteer*

- Providing resource and referral information, interim support, and assistance to incarcerated persons and their family members during their scheduled visits at federal penitentiaries in Kingston, Ontario and the surrounding area

**Learning Strategies, Student Academic Success Services, Queen's University, Kingston, Ontario**

2015 – 2018

*Peer Learning Assistant Team Leader*

- Trained and supervised activities of other Peer Learning Assistant volunteers
- Facilitated learning strategies and academic skills presentations to undergraduate students

**Student Experience Office, Queen's University, Kingston, Ontario**

2017 – 2018

*Q Success Mentor*

- Provided on-going support to first-year undergraduate students to effectively problem-solve in various academic situations
- Actively listened and empowered students through potentially emotional and distressing situations during the transition from high school to university

**Kingston General Hospital, Kingston, Ontario**

2015 – 2018

*Renal Unit and Emergency Room Volunteer*

- Prepared and distributed beverages for dialysis and emergency room patients
- Contributed to the quality of patient care through errands for staff, seeking out medical attention on behalf of patients where appropriate, and through conversation with patients